

TEACHER'S WOKSHEETS

FOUNDATIONAL PROGRAMME FOR LITERACY,
NUMERACY AND SKILLS

INSTRUMENTAL MUSIC

GRADE 8

TITLE OF CARD: MUSICAL GAMES

TEACHER'S CARD 7

**MOE
MAHATMA GANDHI INSTITUTE
2025**

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GRADE 8

TEACHER'S GUIDELINES

CARD 7

Title of Card: **Musical Whispers: Pass the Rhythm!**



GUIDE TO EDUCATORS

Title of Card: Musical Whispers: Pass the Rhythm

Competency 6:

Creativity

Element 1:

Create simple musical instruments and compose short melodies or rhythmic patterns.

Performance Criteria:

▪ **Level 2:**

Compose simple melodic or rhythmic patterns with guidance.

Purpose of Activity:

The purpose of this activity is to develop learners' rhythmic awareness, listening accuracy, memory, and collaborative performance skills through an engaging musical game. By adapting the familiar concept of Broken Telephone into a rhythm-based activity, students practice hearing, internalising, and accurately reproducing rhythmic patterns. The game-based approach encourages enjoyment, focus, teamwork, and creativity while reinforcing essential

musicianship skills such as pulse, coordination, and attentive listening

Resources and Materials:

- Percussion instruments (drums, triangles, bells, shakers)
- Body percussion (clap, snap, stomp, tap)
- Chairs arranged in a circle or rows
- Rhythm cue cards (optional)
- Metronome or beat app (optional)

Learning Outcomes:

At the end of the lesson, students will be able to:

- Listen attentively to short rhythmic phrases and recall them accurately.
- Perform and replicate simple rhythmic patterns using body percussion, voice, or instruments.
- Maintain a steady beat while performing in a group.
- Demonstrate cooperation and ensemble awareness during musical games.
- Reflect on how careful listening influences musical accuracy.

Introduction

This lesson introduces musical learning through structured play, using a game-based approach to strengthen rhythmic skills and listening concentration. Teachers should create a supportive and focused environment where learners feel confident to experiment, make mistakes, and improve through repetition. Emphasis should be placed on attentive listening, clear rhythmic execution, and teamwork rather than perfection. The activity supports creativity while reinforcing core musical concepts such as pulse, memory, and ensemble coordination.

TEACHING TRAJECTORIES/ IMPLEMENTATION GUIDELINES



ACTIVITY 1

WARM-UP

- Begin with simple body percussion warm-ups (clapping, knee tapping, stomping).
- Conduct echo-clapping exercises where students repeat short rhythms demonstrated by the teacher.
- Revise basic rhythm syllables if required (e.g. Dha, Dhin, Na, Ta, Tak, Dhoom).





ACTIVITY 2

UNDERSTANDING THE GAME

- Explain the game Musical Whispers, where a rhythm is passed from one learner to another through performance rather than speech.
- Relate the activity to the familiar game Broken Telephone, highlighting the role of listening in accuracy and using rhythms instead of words.

Activity 2: Understanding the Game
Let's Play Musical Whispers!

Clap Tap Stomp

Shhh!

Clap Tap Tap Tap

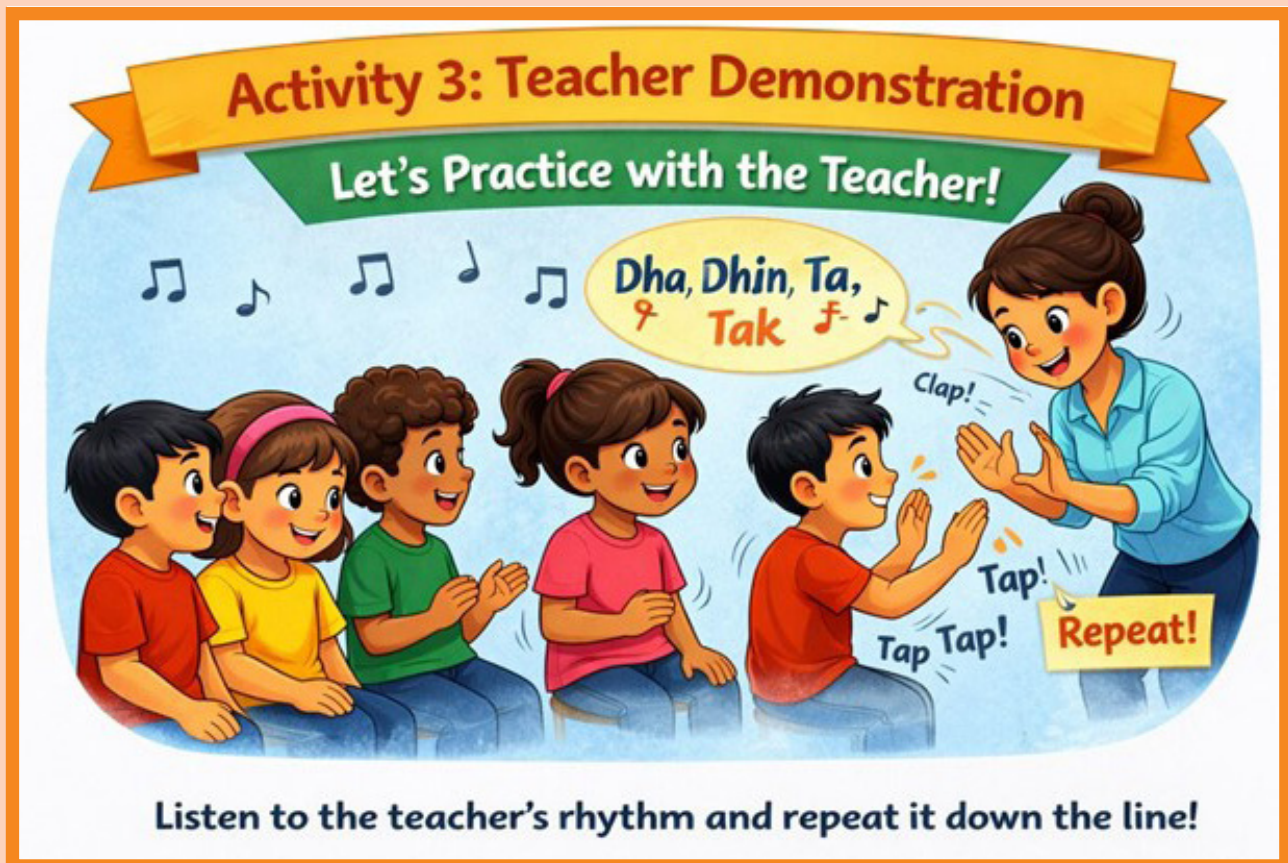
A rhythm is passed down the line using clapping, tapping, or body percussion – just like passing a message in “Broken Telephone”



ACTIVITY 3

TEACHER DEMONSTRATION

- Arrange students in a straight line or circle.
- Teacher whispers a 4-beat rhythm to the last student in line using syllables and body percussion such as snapping, foot stomps, clapping, tapping amongst others.
- The student replicates the rhythm for the next student in front of him, and this step is repeated until the final student performs it aloud for the class.
- Compare the final rhythm with the original.





ACTIVITY 4

GROUP ACTIVITY - PLAY THE GAME

- Divide students into groups of 5–6.
- Each group plays several rounds of Musical Whispers.
- Rotate leaders or original rhythm creators in each round.





ACTIVITY 5

CHALLENGE MODE

- Increase complexity: use 6-8 beat patterns or adding rests.
- Incorporate instruments (e.g. bell, drum, shaker).
- Allow learners to compose their own rhythms to begin the game.

Activity 5: Challenge Mode

Ready for the Next Level?

8-Beat Patterns & Rests
Clap Clap / Rest Tap Tap

Instruments

Create Your Own Rhythm
Clap Stomp
Tap Snap

Try longer rhythms, add rests, use instruments, or make your own



ACTIVITY 6

REFLECTION AND DISCUSSION

Guide learners to discuss:

- How accurate the final rhythm was compared to the original.
- Challenges faced while passing the rhythm.
- The importance of careful listening in music-making.

Exercise 1: Create and Share

Create a 4-beat rhythm using word syllables and body percussion such as snapping, foot stomps, clapping, tapping amongst others.

Beat 1	Beat 2	Beat 3	Beat 4

Exercise 2: Compare the Final Rhythm

Original Pattern (Created in Exercise 1):

.....

Your group's final version (After the Musical Whispers Game):

.....

Questions:

- Was it accurate? Yes / No
- What changed? _____
- Why do you think it changed? _____



SELF-ASSESSMENT CHECKLIST

Exercise 3: Tick if you did it during the activity:

- I listened carefully to the rhythm before passing it.
- I performed the rhythm clearly.
- I helped my group stay on beat.
- I remembered the rhythm correctly.
- I enjoyed playing the game!

ASSESSMENT CRITERIA

Learners will be assessed through observation, group performance, and reflection activities, focusing on:

1. Listening and Recall

Ability to listen attentively and remember short rhythmic patterns.

2. Rhythmic Accuracy

Ability to reproduce rhythms clearly and in correct sequence.

3. Pulse and Coordination

Ability to maintain a steady beat individually and within a group.

4. Group Participation and Collaboration

Active involvement, cooperation, and respect for peers during the activity.

5. Reflection and Musical Awareness

Ability to reflect on performance accuracy and listening strategies.

ASSESSMENT RUBRIC

Criteria	Basic	Intermediate	Proficient
Listening and Recall	Has difficulty remembering the rhythm.	Remembers most of the rhythm with minor errors.	Accurately remembers and recalls the rhythm.
Rhythmic Accuracy	Performs rhythm with frequent errors.	Performs rhythm mostly correctly.	Performs rhythm accurately and confidently.
Pulse and Coordination	Struggles to keep a steady beat.	Maintains beat with occasional lapses.	Maintains steady beat throughout.
Group Participation	Participates inconsistently.	Participates actively with reminders.	Participates confidently and supports others.
Reflection	Gives limited reflection.	Identifies some strengths or difficulties.	Clearly explains challenges and improvements.

EXTENSION OF ACTIVITY

Students may enhance the activity by adding vocal sounds or movements, recording and replaying rhythms to analyse accuracy, or creating rhythm chains using mixed instruments. The game can also be adapted as a warm-up activity in future practical lessons.



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